

Saturday 9/2 Open 7am – 7pm	Sunday 9/3 Open 7am – 7pm	Monday 9/4 Open 7am – 2pm
8:00am – 8:55am Zumba®! <i>Cecilia</i>	8:00 – 8:55am Bodyweight Cardio <i>Susan</i>	8:00 – 8:45am Studio Cycle* <i>Stacy</i>
8:00am – 8:55am Studio Cycle* <i>Claudia</i>	9:00 – 9:55am Strictly Strength <i>Susan</i>	9:30am – 10:15am Run For It* <i>Mel Z</i>
9:15am – 10:10am FitBarre* <i>Cecilia</i>	9:00 – 9:45am Studio Cycle* <i>Cheyenne</i>	9:30am – 10:30am Streamline Sculpt <i>Joan</i>
10:15am – 11:15am Streamline Sculpt <i>Robin</i>	10:15am – 11:30am Yoga All Levels <i>Judy</i>	10:30am – 11:30am Zumba®! <i>Stacy</i>
10:30am – 11:15am Studio Cycle* <i>Cecilia</i>	11:00-11:45am Studio Cycle <i>Amanda</i>	
11:30am – 12:25pm Barbell Power* <i>Cecilia</i>		
12:30pm-1:45pm Yoga <i>Judy</i>		



Labor Day Hours:
7am – 2pm